

# Irina V. Williams, MD, MHA, QME

A dynamic physician leader with passion for patient experience transformation, operational excellence, quality care, patient safety and innovative technology in healthcare.

## **SPECIALTY**

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Pain Medicine  
Anesthesiology

## **CLINICAL EXPERIENCE**

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**Pain Medicine Physician** 01/2025 - ongoing  
Lin Health, Multistate telehealth platform

**Qualified Medical Evaluator (QME)** 10/2024 – ongoing  
The Guardian Group, listed in 10 locations

**Pain Medicine Physician** 11/2025 - ongoing  
Sol Medical, Personal Injury clinics, locations across Northern California

**Pain Medicine Physician/Anesthesiologist per diem** 11/2024 - ongoing  
Kaiser Permanente, Diablo Service Area and West Bay Service Area

**Pain Medicine Physician/Anesthesiologist** 07/2018 - 11/2024  
Alameda Health System, Highland Hospital, Oakland, CA

**Pain Medicine Physician/Anesthesiologist** 08/2015 – 05/2018  
Kaiser Permanente Hospitals, Central Valley Service Area, CA

## **AREAS OF CLINICAL/PROCEDURAL EXPERTISE**

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- Fluoroscopy-guided interlaminar and transforaminal epidural steroid injections
- Medial branch blocks and radiofrequency ablation
- Cooled radiofrequency ablation of peripheral joints including knee, shoulder and hip
- Intraarticular joint steroid injections
- Botox injections including PREEMPT protocol, spasticity of limbs, cervical dystonia and trigeminal neuralgia
- Ultrasound-guided peripheral nerve blocks, diagnostic and therapeutic
- Sympathetic nerve blocks and radiofrequency ablation

- Neurolytic nerve blocks including celiac plexus
- Trigger point injections, scar and neuroma injections
- Intrathecal pump management
- Comprehensive medication management including non-opioid and opioid treatment modalities
- Buprenorphine for chronic pain including Suboxone induction and management
- Outpatient and inpatient chronic pain management, telemedicine

## **LEADERSHIP EXPERIENCE**

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### **Chief of AHS Pain Medicine Division**

05/2019 – 06/2024

Alameda Health System, Highland Hospital, Oakland, CA

- Management and oversight of an interdisciplinary team of physicians, APPs, nurses, psychologist, students, medical assistants
- Close collaboration with pharmacy, physical therapy, primary care, specialty care and addiction medicine services.
- Oversight of quality care provided at the outpatient pain clinic, interventional pain procedures and inpatient pain management consult services
- Inpatient pain consult services redesign
- Oversight of Spinal Cord Stimulator services launch within Alameda Health System
- Participation in Interdisciplinary Spine program that includes Pain, Orthopedic, Neurosurgery and PMR services
- Incorporation of Botox injection services into the clinic portfolio

### **Immediate Past Chief of AHS Medical Staff**

01/2023 – 11/2024

Alameda Health System, Oakland, CA

- Co-chair of combined AH/AHS Credentialing committee
- Chair of AHS Professional standards committee
- Voting member of Medical Executive committee

### **Ambulatory Specialty Physician Lead**

03/2021 – 04/2023

Alameda Health System, Oakland, CA

- Dyad partner to the Interim Chief Ambulatory Officer
- Member, Ambulatory System Leadership Team
- Chair, Specialty Ambulatory Operations council
- Liaison between Specialty providers and health system leadership
- Support of Specialty care growth and expansion across 3 hospitals and multiple outpatient sites

- Standard work and practice guidelines development for Ambulatory Specialty services
- Collaboration with community health partners including Community Health Center Network (CHCN)
- Ambulatory Virtual care plan design and implementation
- Inpatient/ED to Ambulatory Specialty referral process redesign
- Specialty care related metrics design and oversight
- Telemedicine and My Chart use expansion within Alameda Health System through California Healthcare Foundation telemedicine grant

**Chief of AHS Medical Staff**

01/2021 – 1/2023

Alameda Health System, Oakland, CA

- Elected position for a 2 year term
- Leadership to Alameda Health System medical staff (over 700 members) in compliance with medical staff Bylaws
- Member, Quality and Patient Safety Committee of the Board of Trustees
- Chair, AHS Medical Executive committee
- Member, Medical Staff Justice, Equity and Diversity committee
- Oversight of quality and safety of medical care provided by members of the medical staff as well as compliance with professional conduct
- Oversight of Medical Staff credentialing and privileging
- Oversight of peer review process
- Oversight of AHS Medical staff Bylaws revision, finalized in 01/2022
- Collaboration with Quality department. Initiatives include SCORE survey rollout and customization; MIDAS (Safety alert system) reporting improvement
- Professional Standards committee development and implementation

**Medical Director, AHS Interdisciplinary Pain Medicine Program**

07/2018-05/2019

Alameda Health System, Highland Hospital, Oakland, CA

- Development of pain clinic vision and strategy
- Transformation of preexisting pain clinic into a comprehensive, interdisciplinary pain management division serving Alameda and Contra Costa (completed within less than 1 year). Fourfold increase in visit volume with the first calendar year.
- Development and implementation of inpatient chronic pain consult
- Development and implementation of pain psychology services
- Consistent performance above projected visit volume
- Expansion of portfolio of services provided within pain medicine program including significant growth in a variety of fluoroscopy-guided and ultrasound-guided procedures

## **PROFESSIONAL DEVELOPMENT**

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<b>All in Remote Telemedicine Physician Academy</b>	2025
<b>Applying Functional Medicine in Clinical Practice Course</b>	09/2024-01/2025
<b>Alameda Health System Leadership Academy</b>	2023
<b>Cornell University, Ithaca, NY</b> Executive Master of Health Administration (MHA)	05/2020 – 12/2021
<b>Racial Equity Workshop training, REI</b>	2021
<b>Healthcare Innovation track, MIT/Cornell University</b>	2021
<b>TPMG Central Valley Physician Leadership academy</b>	2017
▪ Capstone/system improvement project implemented at Kaiser Permanente Central Valley Pain Management Department	
<b>Kaiser Permanente Central Valley Pain Management Department</b> <b>Technology leader</b>	06/2017 – 05/2018
▪ Participation in setting up and implementing video visits in EPIC	
▪ Training the team on new technology updates including EMR (EPIC)	

## **PROFESSIONAL CERTIFICATIONS AND LICENSES**

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### **Medical licenses:**

50 states and DC

### **Anesthesiology**

American Board of Anesthesiology, certificate #53551, valid until 12/31/2030

### **Pain Medicine**

American Board of Pain Medicine, certificate #53551, valid until 12/31/2026

**DEA number with X-waiver** (current)

**ACLS** (current)

**BLS** (current)

**Fluoroscopy Operator Permit** (current)

## **Qualified Medical Evaluator (QME)**

California Department of Industrial Relations, expires 12/2026

### **EDUCATION AND CLINICAL TRAINING**

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<b>Cornell University, Ithaca, NY</b> Executive Master of Health Administration (MHA)	2020-2021
<b>University of California San Francisco, San Francisco, CA</b> Pain Medicine Fellowship	2014-2015
<b>Henry Ford Hospital, Wayne State University, Detroit, MI</b> Anesthesiology Residency	2010-2014
<b>Voronezh N.N. Burdenko State Medical Academy, Voronezh, Russia</b> Awarded Doctor of Medicine	2002-2008

### **PROFESSIONAL COMMITTEES**

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<b>Specialty Ambulatory Council, Alameda Health system</b> <ul style="list-style-type: none"><li>▪ Chair</li></ul>	2021 – 2023
<b>Medical Executive committee, Alameda Health system</b> <ul style="list-style-type: none"><li>▪ Chair, then Voting Member</li></ul>	2021 – 2024
<b>AHS Credentialling committee</b> <ul style="list-style-type: none"><li>▪ Member, then Co-Chair</li></ul>	2021 – 2024
<b>AHS Bylaws committee</b> <ul style="list-style-type: none"><li>▪ Member</li></ul>	2021 - 2024
<b>AHS Quality and Safety committee</b> <ul style="list-style-type: none"><li>▪ Member</li></ul>	2021 - 2024
<b>Medical Staff Justice, Equity and Diversity Committee</b> <ul style="list-style-type: none"><li>▪ Member</li></ul>	2022 - 2024
<b>Professional Standards Committee</b> <ul style="list-style-type: none"><li>▪ Member, then Chair</li></ul>	2022 - 2024
<b>Alameda Health Partners Medical Group Finance Committee</b>	2019 – 2020

- Member
- Pain and Addiction committee, Alameda Health System** 2018 – 2024
- Member
- East Bay Safe Prescribing Coalition, ACCMA** 2018 – 2020
- Member
  - Participated in development of ACCMA Chronic pain toolkit, advising on best practices in chronic opioid prescribing.
- Kaiser Permanente Central Valley Quality Review Committee** 2016 – 2018
- Member
- Pain management Emmi videos reviewer** 2016 – 2018
- Project Helios Committee** 2012 - 2014
- Member
  - Assistance in transition of Henry Ford Health System to EPIC Hyperspace with emphasis on Operating Room Medical Charting